

# FIGG'S

## ORDINARY

Available for eat in and take out

### IN THE MORNING OR ALL DAY

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**Old-Fashioned Rolled Oats\***, Almond Butter\*, Dried Fruit\*, topped with Cinnamon\*  
Milk\* or Yogurt\*

**Figg's Granola**

With Dairy or Dairy free Milk\* or Yogurt\*

**Figg's Parfait**

With Milk\* or Dairy Free Yogurt\*, Figg's Granola, Dried or Seasonal Fresh Fruit\*

**Sandwich or Salad of Fresh Scrambled Eggs\*** with Figg's Avo mayo\*  
Cheddar or Tomato\*

**Sandwich or Salad of Folded Eggs\*** w/cheddar, roasted tomato\*, caramelized onion\*

**Southwest Wrap**

Figg's wrap with fresh scrambled eggs\*, bean salsa\*, caramelized onions\*, cheese, and Avo slices\*

**Quiche of the Day**

Eggs\* from Runner Duck Farm with seasonal local veggies and fresh cheese all in our Figg's Pie Crust with side of fresh greens\*

**Spinach/Ricotta Tart**

Crust-free tart of Spinach\* with Ricotta, Eggs\*, and Parmesan cheese with side of fresh greens\*

### FIGG'S SANDWICHES

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**Cheddar by Way of Easton**

Chapel's Country Creamery Cheddar\*\*\* with Red Acres Lettuce\*, Hummingbird Farms Tomatoes\*, and Figg's Avo Mayo\* on Figg's Focaccia\*

**Basil/Mozzarella**

Red Acres Farms Fresh Basil with Fresh Mozzarella\*\*, Hummingbird Farms Tomatoes\*, and Balsamic Vinegar\* on Figg's Focaccia\*

**Avo Toast**

Figg's Focaccia, Organic Avo Mash, chili flakes and Organic hemp seeds, with fresh organic lime juice  
HBE

### FIGG'S SALADS

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**Baby Greens**

With roasted Butternut Squash\*, Beets\*, Goat Cheese\*\*, Activated Sunflower seeds\* and Toasted Walnuts\* Balsamic Vinaigrette\*

**Protein Powerhouse**

Red Acres Greens\*, with choice of cheese\*\*, Figg's Roasted Curry Chick Peas\* and Roasted Carrots\* with Activated Pumpkin\*, Sunflower\*, Hemp\*, Flax\* Seeds and Flaked Coconut\*  
Egg\* or Hummus\*  
Lime Cilantro\*

**Taco Salad**

Red Acres Greens\*, Figg's Black Bean Salsa\*, Hummingbird Farms Tomatoes\*, cheddar\*\*, Avocado\* Half, Crushed Tortilla Chips\*  
Chipotle Vinaigrette

**Mediterranean Salad**

Red Acres Greens\* w/ Goat Feta, Figg's Olive Tapenade, Figg's Hummus\*, Cucumber\*, Figg's Tzatzike\*, Hummingbird Farms Tomatoes\*, and Activated Sunflower\* and Sesame Seeds\*  
Egg\* or Roasted Curry Chick Peas\*.  
Balsamic Vinaigrette

\*Organic/ \*\*Seasonal/\*\*\*Vegan Cheese available

Tuesday - Friday, 7am - 3pm ;  
Saturday, 8a - 3p

Please visit or call the shop to  
learn of our daily specials.

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