

FIGG'S ORDINARY

Available for eat in and take out

IN THE MORNING OR ALL DAY

Old-Fashioned Rolled Oats*, Almond Butter*, Dried Fruit*, topped with Cinnamon* **\$5.50**
Milk* or Yogurt* **Add \$1**

Figg's Granola \$3.50
With Dairy or Dairy free Milk* or Yogurt*

Figg's Parfait \$5.50
With Milk* or Dairy Free Yogurt*, Figg's Granola, Dried or Seasonal Fresh Fruit*

Sandwich or Salad of Fresh Scrambled Eggs* with Figg's Avo mayo* **\$6.50**
Cheddar or Tomato* **Add \$1 each**

Sandwich or Salad of Folded Eggs* w/cheddar, roasted tomato*, caramelized onion* **\$8.50**

Southwest Wrap \$8.50
Figg's wrap with fresh scrambled eggs*, bean salsa*, caramelized onions*, cheese, and Avo slices*

Quiche of the Day \$7.00
Eggs* from Runner Duck Farm with seasonal local veggies and fresh cheese all in our Figg's Pie Crust with side of fresh greens*

Spinach/Ricotta Tart \$5.50
Crust-free tart of Spinach* with Ricotta, Eggs*, and Parmesan cheese with side of fresh greens*

FIGG'S SANDWICHES

Cheddar by Way of Easton \$9.00
Chapel's Country Creamery Cheddar*** with Red Acres Lettuce*, Hummingbird Farms Tomatoes*, and Figg's Avo Mayo* on Figg's Focaccia*

Basil/Mozzarella \$9.00
Red Acres Farms Fresh Basil with Fresh Mozzarella**, Hummingbird Farms Tomatoes*, and Balsamic Vinegar* on Figg's Focaccia*

Avo Toast \$5.75
Figg's Focaccia, Organic Avo Mash, chili flakes and Organic hemp seeds, with fresh organic lime juice
HBE **Add \$1**

FIGG'S SALADS

Baby Greens \$8.50
With roasted Butternut Squash*, Beets*, Goat Cheese**, Activated Sunflower seeds* and Toasted Walnuts* Balsamic Vinaigrette*

Protein Powerhouse \$8.75
Red Acres Greens*, with choice of cheese**, Figg's Roasted Curry Chick Peas* and Roasted Carrots* with Activated Pumpkin*, Sunflower*, Hemp*, Flax* Seeds and Flaked Coconut*
Egg* or Hummus* **Add \$1 each**
Lime Cilantro*

Taco Salad \$9.00
Red Acres Greens*, Figg's Black Bean Salsa*, Hummingbird Farms Tomatoes*, cheddar**, Avocado* Half, Crushed Tortilla Chips*
Chipotle Vinaigrette

Mediterranean Salad \$9.00
Red Acres Greens* w/ Goat Feta, Figg's Olive Tapenade, Figg's Hummus*, Cucumber*, Figg's Tzatzike*, Hummingbird Farms Tomatoes*, and Activated Sunflower* and Sesame Seeds*
Egg* or Roasted Curry Chick Peas*. **Add \$1 each**
Balsamic Vinaigrette

*Organic/ **Seasonal/***Vegan Cheese available

Tuesday - Friday, 7am - 3pm ;
Saturday, 8a - 3p

Please visit or call the shop to
learn of our daily specials.

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